



Official Race Rules

Mark Webber Pure Tasmania Challenge

Date: September 2008

It is important that **ALL** team members entering the Mark Webber Pure Tasmania Challenge read the enclosed Challenge rules.

If you have any queries about the enclosed please e-mail:

Paul White      Operations Director      paul@markwebberchallenge.com

Tim Saul        Race Director                      tphhs@bigpond.com

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## 1.0 Definition of the Mark Webber Pure Tasmania Challenge

The Mark Webber Pure Tasmania Challenge is a five and three day multi-sport event open to men and women. Competitors can select from three categories.

- The Van Diemen Cup      5 Day Challenge
- 2theXtreme Cup          5 Day Challenge
- Ambassadors Cup        3 Day Challenge

N/B Each category has its own set of entry criteria.

## 2.0 Organisation – Registration

### 2.1 Organisation

The Mark Webber Pure Tasmania Challenge is organised by Mark Webber Challenge Management Ltd. All proceeds from the event (after costs are covered by MWCM Ltd) and 100% of donations made in association with the event, go to the Mark Webber Challenge Foundation (registered postal address: Suite G1, 63 Stead Street, South Melbourne 3205) to be distributed to charities nominated by the Foundation at the close of the event.

Registered Postal Address for Mark Webber Challenge Management Ltd:

PO Box 5130  
South Melbourne BC 3205  
Australia

**2.2 Event Dates:** Wednesday 19th - 23rd November 2008 (fly into Tasmania Tuesday 18<sup>th</sup> Nov)

**2.3 Registration:**

**Open:** 13 March 2008

**Close:** 30 May 2008

Please note that 50% of the entry fee must be submitted to MWCM Pty Ltd no later than Wednesday 30 May 2008. All remaining monies to be paid to MWCM Pty Ltd no later than one calendar month prior to the start of the 2008 Mark Webber Pure Tasmania Challenge. No team will be allowed to start the Challenge without payment made in full.

## 2.4 Details

- Van Diemen Cup Corporate Teams of four competitors
- 2theXtreme Cup Open Pairs
- Ambassadors Cup Invitational Pairs

**Disciplines:** walking, running, kayaking (including white water grade 1/2), mountain biking (off road & sealed stages), navigation, rope work /abseiling and mystery disciplines.

**Entry Includes:** Accommodation (Tues18 – 23 November 2008 inclusive), all meals, maps, emergency rescue team, logistical support, defined items of clothing, use of necessary equipment (including kayaks, mountain bike, safety communications, most sleeping gear etc), transport/transfers within Tasmania, individual tickets to all pre and post event functions.

### **Competitors need to provide:**

- Flights to Tasmania.
- Pre and post race accommodation (outside of Tuesday November 18 and Sunday November 23, 2008)
- A signed/witnessed copy of the 2008 Mark Webber Pure Tasmania Challenge Participation Agreement
- Competency Notifications
- Medical Details
- Some equipment and clothing as advised

The registration of the team becomes official when the team is entered on the official entry list and the entry fee is deemed as cleared funds.

## 2.5 Withdrawals

- Withdrawals must be sent in writing by registered post to the Race Director (MWCM Ltd PO Box address as above).
- The full fee will be reimbursed only on receipt of a written request four full weeks prior to the event start date.

## 3.0 Conditions for participating

To be accepted onto the start line competitors must have complied with the following.

- Meet the requirements of the team description for each category
- Pass the equipment, marking and administration controls.
- The organisation reserves the right to refuse the registration of any team member without explanation.

## 4.0 Teams

### 4.1 Team entry criteria

#### Van Diemen Cup

Competitors (four team members) from the one company or government department can enter the Challenge as a team. Team members can be sourced from any one or multiple of locations that said company or government department conducts its business from. Each team can be made up in a one gender or mixed team configuration. All team members must be employees of the company either on a full or part time basis and must not have the following job descriptions or job titles in their contract of employment.

- You must not fulfil any role within the company that involves physical education of staff. Please note that voluntary efforts coordinating fellow staff in active pursuits is permitted.
- No part of your job description must include physical fitness (specific). For example: personal fitness instructor.

- Armed Forces, Fire, Police and other government departments in which physical fitness is deemed as a priority of their employment cannot enter the Van Diemen Cup. They will be able to enter the 2theXtreme Cup with no restrictions.
- No employee who gains financial reward from sponsorship by the company or an outside source for the participation in physical activity (prize money accepted).
- An employee can represent their county/state or country in a physical activity as long as it does not breach any of the above conditions.

### 2theXtreme Cup

This is open to any pair from the following pursuits or backgrounds: sports, celebrities and politicians from all over the world. The focus is on matching pairs; for example two cricketers, climbers, adventure racers etc but this is not mandatory. No limitations on criteria.

### Ambassadors Cup

An invitational category for pairs of competitors who want to experience the sense of achievement associated with the Challenge but compete over a shorter duration (Noting they will compete on the same course for the three days as all other competitors). No limitations on criteria.

## **4.2 Assistance**

No assistance other than from official members of the Challenge is allowed. This is a Challenge of team's ability to work together and deal with the unexpected.

No equipment, food, provisions or anything else is permitted to be 'planted' on the course prior to the race.

The event centrally supports all competing teams as detailed:

- a. Teams are provided with assistance of general food, equipment and anything else in the designated checkpoint (CP) or at a designated transition area (TA), start and finish points.

b. Teams are not permitted to drop or cache equipment, food or anything else on the course during the event (except in designated TA or CP).

c. Teams are not permitted outside assistance or support to lead, travel with, pace or follow their team on the course.

Assistance from the public, spectators, media, etc is ruled as:

a. No assistance may be sought or accepted that involves the team or their equipment being moved in any way (e.g. hitching lifts, having team equipment carried or moved, paddling in wake of a boat, drafting behind a vehicle etc).

b. No assistance may be sought or accepted that involves receiving nourishment, medical assistance or other unspecified forms of assistance etc (e.g. being given food or drinks, pain killers, replacement equipment, ice for injuries).

c. Interaction with the general public is however permitted to e.g. pose for photos, answer questions, purchase food at a legitimate shop etc.

Willing support from other teams during the race is permitted (e.g. drafting, pacing, sharing navigation, sharing food and equipment etc).

### **4.3 Acceptance**

All members of a team must:

1. Be at least 18 years old on the date of the start of the race.
2. Individually read and understand the regulations and mandatory equipment requirements before entering the pre-race checks.
3. By registering each individual must be fully aware of their own physical capacities and the limits of their technical skills. They take responsibility pre, during and after the race for their preparation and standard of individual physical fitness. Individually and as a team they release the organisers from any penal or civil liability in case of bodily harm or material damage incurred during the race.
4. Not enter the race with any artificial or illegal substances taken to enhance performance outlined in the World Anti-Doping Code 2004 Prohibited List.
5. The organisation cannot be held responsible for any actions or behaviour by any team member that is in violation of the laws of Tasmania and Australia. Team

members are required to act and obey with the laws relevant to Tasmania and Australia.

6. All team members must attend all pre-race briefings.
7. All team members must be present at race registration.

#### **4.4 Necessary Documents.**

All individual members of the team must:

- Complete and sign provided medical form.
- Each competitor must be able to prove competency in mandatory skills in double kayak and provide the organisers with an affidavit concerning this ability.
- Each competitor must be able to swim least 100 metres and provide the organisers with an affidavit concerning this ability.

#### **5.0 The Program**

This will be released to all teams just prior to the Challenge

#### **6.0 Course**

Teams must start and finish with the specified number of members.

##### Van Diemen Cup

Teams designate the members to complete the respective sections of the course on any one day. Team structure will be any three members racing, but all members must complete one or more sections on a day. Substitution is not permitted during a race leg, only at CP's or transitions.

##### 2theXtreme Cup and Ambassadors Cup

Two person teams compete on the same course as the Van Diemen Cup competitors. 2theXtreme Cup competitors compete for five days (the same as Van Diemen Cup competitors) while Ambassadors Cup competitors compete for the last three days.

Teams must complete the course as specified in the course booklet. Unless otherwise specified, legs of the course and CPs must be collected in order.

A team must never have a distance of greater than 50 metres separating the first team member from the last. This rule will be checked and penalties applied including disqualification in extreme cases at the Event Disputes Team discretion.

Unranked Status - is given to a team unable to continue the course in the configuration in which it started (i.e. as a four member team) who cannot field three competitors on a section or a two person team who can only field one competitor). The Race Director's approval to continue in this configuration must be sought for safety reasons.

Unranked status may be given to a team, who for various reasons, is no longer considered to be competing, or have not completed the course as intended by the Race Director. The following are some examples:

- a. One team member withdraws.
- b. Team does not attempt or misses an entire leg or section of the race.
- c. A team misses too many checkpoints (this will be determined by the Race Penalties Committee and based on whether that team has completed enough of the course to be classed as ranked).

#### **Team or Team Member Withdrawal**

If a team member decides to withdraw from the race, the whole team must escort that member to the nearest manned CP, TA or Search and Rescue Crew. Permission must be obtained from the Race Director before team may be permitted to continue on the course unranked.

Company Teams are permitted to have a maximum of ONE team member only withdraw and still be permitted to continue racing in an unranked capacity. The overriding consideration for the Race Director is safety and having a minimum group size. Once a team member has withdrawn, they may be permitted to re-join the race at a later stage (be it with their team or even another team). Additional notes for this rule include:

- a. If one team member withdraws, the other three members are permitted to continue racing in an unranked capacity after advising the Race Director.

b. In certain situations and on a case by case basis, the Race Director may allow a team member who has withdrawn, to rejoin their team for a part of the course. For example a team member who has withdrawn due to a minor leg injury may be permitted to assist their now unranked team paddle a double kayak.

Once a team has become unranked, they may never move back into the ranked category (e.g. even if they were to find a substitute team member to race with them, thereby bringing their numbers back up to the original requirement).

If TWO or more members of a team withdraw from the race, then that team is not permitted to continue racing and will be classed as DNF. However in certain circumstances and at the discretion of the Race Director the remaining members may be permitted to join another unranked team.

If a competitor is part of a team who has withdrawn (due to others of their team withdrawing and not them), they may be permitted at the Race Director's discretion to join up with an unranked team (providing this team is willing to accept them). This unranked team still is not permitted to move back up into the ranked category.

In the case of withdrawal of a team member, or an entire team, the Race Director must be notified immediately.

## **6.1 Information about the Course**

Information about the course will not be disclosed until just prior to the Challenge start date.

## **6.2 Check points**

Teams will use their Sportident tag system to record a time and confirm proof of visit at all Check Points. If the teams Sportident tag fails you must use the punch at unmanned and manned check points (CP) to make an indentation in their control card, thereby proving that they have visited that CP. Punches in the wrong square, not punched properly or even forgotten will be penalised.

## 7.0 Disciplines

- mountain biking
- kayaking
- trekking
- running
- mystery disciplines
- rope-work / abseiling

## 8.0 Equipment

As a competitor in the Mark Webber Pure Tasmania Challenge, you and your team are required to carry a number of mandatory items with you. The mandatory equipment is divided into two categories, equipment you and your team must carry at ALL times, and equipment you and your team must carry during a specific DISCIPLINE. You are responsible entirely for carrying the appropriate equipment and clothing for the climate, conditions and activities. Random checks of mandatory equipment will occur during the race.

Items NOT permitted include:

- Maps other than those provided by the organisers
- Mobiles phones/ communications devices other than those provided by the event organisers for communications and safety purposes
- GPS devices capable of displaying position readings except for those provided by the organisers.

### **VERY IMPORTANT**

This is a mandatory list of items you must carry at all times. It is not a list of all items you should carry on the event.

### **General Notes**

- All mandatory equipment will be inspected at the pre-race equipment checks, no mandatory equipment can be substituted for another piece of equipment without an inspection and approval by the race official.

- Most equipment may be spread out and carried amongst the team. There are however a few items that individuals must carry and may NOT be carried by other team members. They are listed as Individual items.
- Spot checks will be carried out on individual items throughout the event.
- Watches with altimeters are permitted.
- Any mountain bike towing systems must have a quick release system to minimise the risk of accidents.
- Manufacturer's tags must be left on equipment so that all original technical specifications are visible.
- Telstra products will be used to meet the demands of the Challenge
- What equipment can and can't be left at mid leg transition areas will be defined either in the rules and/or the course brief. Organisers reserve the right to add or subtract mandatory equipment to be carried. This rule may be used in a secret section that requires a specific piece of equipment

#### **8.1 Equipment that will be supplied by the Challenge**

- Branded race clothing
- Light weight waterproof race jacket
- Triathlon shorts
- Tent (2 or 4 man)
- Food and sunscreen
- Thermarest mats
- Day hiking pack with 2lt bladder
- Mountain bikes as determined by the Challenge
- Kayaks, paddles, skirts and life jacket
- Basic First Aid Kit
- Survival Blanket
- Sleeping Bag (you may bring your own sleeping bag)
- Whistle, firelighter, compass, Pocket knife

This list is subject to change and Challenge Management will be in regular communication with all teams.

## **8.2 Equipment to be supplied by each Competitor**

- Complete set of thermal underwear with sleeves – specified as black
- Cycle shoes with suitable pedals
- Wool/thermal head covering i.e. wool beanie
- Bike helmet which must meet International Cycle Federation safety standards
- An amount of money for use in emergencies
- Gloves
- First aid items specific to competitor i.e. allergies, asthma
- Bathroom towel & toiletries
- Additional clothing for camp wear and competition wear (please refer to section 12 to reference branding regulations on competition clothing)

### **Optional equipment – not limited to and deemed to be good practise in personal management**

Other appropriate clothing and footwear, sock protectors, appropriate glasses/ eyewear, waterproof map case/ contact, micro towel, plastic bags to waterproof equipment, marker pens, wristwatches, duct tape. Note: the event has full medical & paramedic support

It is important to “wear in” clothing and footwear to avoid abrasion, irritation and blisters which could lead to infection discomfort and the inability to complete the Challenge. Personal preparation is a key ingredient to enjoyable adventure racing.

## **8.3 Equipment that must be carried by competitors at ALL times while on the course**

If a piece of mandatory equipment is accidentally lost during the course of the race, you must report this to the race official at the next manned checkpoints (CP) or transitions (TA). You must remain in that location until a replacement can be delivered.

- Whistle (one per competitor), pea-less and in easy reach at all times – supplied by the Challenge

- Official race clothing which must be worn at all times as the outermost layer – supplied by the Challenge
- Firelighter, sealed in waterproof bag – supplied by the Challenge
- Light weight waterproof race jacket – supplied by the Challenge
- Long sleeve/leg thermal top & bottom required for survival bag – supplied by Competitor
- Balaclava/beanie, Polypro, wool, acrylic or fleece is required, not cotton – supplied by Competitor
- Bike Helmet, must meet International Cycle Federation safety standards and be worn on all MTB sections – supplied by Competitor
- Basic first aid kit – supplied by the Challenge
- Survival or space blanket - supplied by Challenge
- Water bottle/ bladder – supplied by the Challenge
- Compass – supplied by the Challenge
- Pocket knife, when kayaking it must be easily reachable at all times – supplied by the Challenge
- Trowel or small shovel, required for burial of human waste. Qty of biodegradable toilet paper recommended – supplied by the Challenge (one per team)
- Money, for use in the event of an emergency – supplied by Competitors
- Bike repair kit, multi-tool and tubes – supplied by the Challenge
- Pencil and Paper – supplied by the Challenge

Note: the mandatory equipment list is subject to change. Challenge Management will be in regular communication with teams and will advise should any changes to this list be necessary

#### **8.4 Equipment Checks**

All mandatory equipment will be checked by the officials at a pre-race equipment check. All other equipment will be checked for suitability. If deemed by the safety director that a piece of equipment is not fit for purpose they have the right to seek a replacement before giving permission to start.

#### **9.0 Timing and Category rankings**

**9.1 Race Timing/ Maximum authorised race duration time**

Race timing will be administrated by an official of the Tasmanian Orienteering Association using the Sportident system which has a worldwide reputation within the Adventure racing environment. The maximum authorised race duration time will be determined by the Race Director based on the daily weather conditions and the progress of the Challenge competitors on completion of the previous day

**9.2 Category ranking.**

To be advised

**9.3 Time definition.**

Race results are determined by total accumulated section times inclusive of transitions and any downtime taken by competitors.

**9.4 Overall results.**

Overall results will be posted on the Challenge Notice board at the end of each day. Penalties will be posted on a separate sheet each day but added to the overall results 24 hrs later to allow competitors the opportunity to request clarification if required. All requests for clarification must be made in writing on the official disputes sheet. A final decision will be taken by the race panel and a reply given in writing.

**10.0 Regulations**

These regulations may be subject to change at the discretion of the organisers. All changes will be posted on the website and highlighted.

**10.1 Race Rules Panel**

The Race Rules Panel will consist of four members of the organising team. The team will be Race Director, Operations Director, Managing Director and one other nominated person at the start of the race.

The role of the rules panel is to:

- Apply the rules
- Handle disputes and protests

- Apply solutions and penalties within the rules.
- Make and confirm changes to the rules and regulations during the race and issue additional amendments when necessary.
- The overriding objective is to apply common sense
- “Force Majeure” will be applied if appropriate

## **10.2 The Protest**

Complaints must be filed in writing (in English) and handed in at the next check point after the incident. A response will be posted on the event board the next morning and a written reply will be given to the team concerned.

## **10.3 The Penalties**

Penalties will be incurred according to the penalty table supplied to all teams in their course booklets issued at Registration.

Deliberately breaking any rule to gain advantage (i.e. cheating) will result in disqualification.

Penalties will be included on a penalty table which will be posted on the Challenge board throughout the race. Penalties will not be added to the actual daily finish results until the next competition day to allow competitors the opportunity to complete a dispute sheet if they disagree with the penalty.

Time penalties will be decided by the Race Rules Panel as soon as possible.

In most cases the time penalty for missing a CP will be based on being twice the time it took the slowest team to obtain that CP.

Bad behaviour towards race officials, volunteers, the public and anyone else will not be tolerated. Penalties or disqualification will result.

#### **10.4 External assistance**

External assistance is strictly forbidden and will incur a maximum penalty.

#### **11.0 Safety**

1. Competitors of a team must always stay in sight of each other. All teams must enter each check point together. No team will have their card stamped if any team member is not within 50 metres of the remaining members of the team.
2. No competitor is to be left by them. At least one team member must remain with an injured team member. In the case of the doubles, no pairing must separate and a call must be made for assistance.
3. The organisers reserve the right to refuse a competitor to start a section in the case of a health or extreme fatigue problem observed by the officials. The organiser's word is final
4. Teams are required to assist teams in difficulty as long as they do not endanger their own situation.
5. If you or your team comes across someone (be they involved with the event or not) who is in a genuine emergency situation, you **MUST** stop and give assistance. The Race Director will attempt to re-credit lost time where possible.
6. Emergency communications devices should only be used in a situation where you require immediate assistance, or if there is a real danger to yourself or others in the event. Use of the emergency communications device for the above reasons does not necessarily result in a penalty or disqualification

#### **11.2 Procedures in case of an emergency**

- You must notify the officials immediately or at the next check point. Confirm the team name; identify the injured person, the location and the time and nature of the incident.
- Make yourself visible to all emergency support either by land or air.
- If a helicopter passes over the injured competitor and is needed to land the competitor must make a gesture with his/her arms to signal a "Y" This is with both arms out stretched about their head and with their legs together , thus forming a Y with their body.

- If a helicopter passes over the injured competitor and is not needed you place your arms below your waist and wave your hands in a no gesture. The pilot will make his decision based on the fact that your arms are above your head or below your waist and waving.

### 11.3 Medical

If a team member seeks first aid or medical assistance from the organizers it is not a certainty that the particular team member will have to withdraw. Generally though, if a person is in need of first aid or medical assistance from the organizers, then there is a good chance that they will need to be treated and removed from the event. The Race Directors decision to remove a person due to medical or safety reasons is final.

Intravenous Fluids (IV) may only be administered by approved race medical staff. Any administration of IV fluids by anyone other than race medical staff will result in immediate disqualification of the team.

## 12.0 Commercial Rights and Property

### 12.1 Marking and Signage

1. Supplied Challenge official race clothing be visible and worn at all times. No equipment must obstruct the visibility of the official race clothing. A rucksack centre strap is acceptable as long as it does not exceed 3 cm in width.
2. No corporate team clothing will be allowed above the waist. **A printed area of 10 cm by 5cm MAXIMUM** will be allowed on legs to display their company or sponsors logo (subject to approval by MWCM to avoid potential clashes with event sponsors). All corporate team clothing must be black.
3. A space will be allocated on the official race tops for the corporate team or sponsors name. This space will be universal for all teams.
4. Please note for safety reasons the life jacket when worn on water based sections can be worn over the official race tops.
5. The markings and signage reserved and associated with the event is compulsory and cannot be altered in any way.

6. No team or external sponsor's logos can be displayed on the official race tops or Challenge decals and signage at any time.
7. All corporate team clothing must not obscure any official branding or signage.

## **12.2 Image rights**

- All compulsory markings
- Official race clothing must be worn as the outer garment at all times.
- All rights are reserved concerning the use of images from the Mark Webber Pure Tasmania Challenge
- The competitor accepts and commits by entering the Challenge to conform to all of the rules and regulations by their registration and accepts the exploitation by The Mark Webber Challenge Management Ltd of all materials used for broadcasting, media and filming throughout the event. This includes the copyrights, free of charge of all photos and video footage taken on all stages of the event for all types of commercial promotional or advertising purposes on all media platforms including the internet. This IP is also provided for use to the events sponsors under strict usage guidelines

## **13.0 Environment**

The following rules must be followed:

- a. All rubbish must be carried out with competitors; nothing is to be left behind.
- b. Wildlife should not be disturbed.
- c. No fires to be lit.
- d. Minimal impact on vegetation should be adopted, use existing tracks if possible.
- e. Where roads, tracks, routes etc are mandated by the authorities or the Race Director, these must not be deviated from.
- f. Leave gates as they were found, report any damages, no souvenir hunting (i.e. stealing)

g. Human waste is to be either carried out, or buried 15-25cm below the surface and 100m from nearest creek, watercourse, habitation or checkpoint.

h. Competitors must follow additional guidelines outlined in race briefings. All Competitors must respect the other users you encounter.

#### **14.0 Competitors Competency**

All competitors agree to abide by the rules and regulations that are in place both governmental and Challenge based that are in place to protect the people and environment of Tasmania.

Competitors are not to remove, tamper or adjust race equipment at any time. For example equipment such as CP markers, punches, signs, route marking etc.

Competitors must follow any additional rules outlined in any of the race briefings.

The overriding consideration with these rules is to use common sense and to appreciate the intention of the Race Director and the spirit of the event. In all respects the Race Directors and Race Rules Panel's decisions are final.